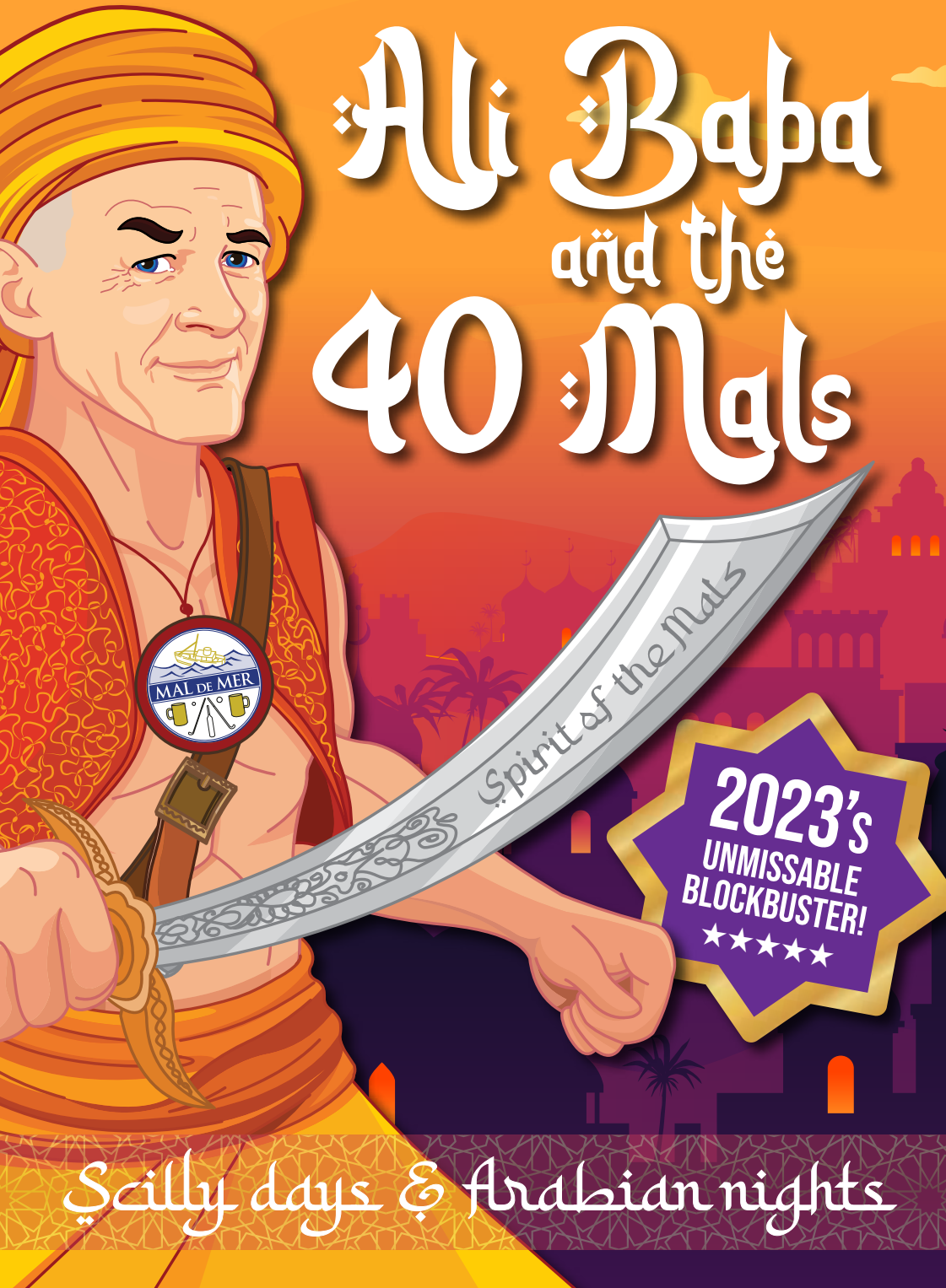


Ali Baba and the 40 Mals



Scilly days & Arabian nights

PRESIDENT

Alistair Hick

PAST PRESIDENTS

1934-37	E. H. Maddocks	Sir Harry	1985	R. Fox	Bob
1937-45	C. S. Asbury	Archbishop	1986	K. R. Bound	Roy the Golf
1946-47	E. P. Morgan	Perry	1987	A. R. Gibbs	Roy
1948	A. T. Rouse	Bomber	1988	J. D. Ashby	Canon
1949	G. C. Willis	Geoff	1989	J. Gray	Jimmy
1950	F. W. Ross	Goldfish	1990	V. Woodfield	Tiger
1951	F. J. Spence	Spindle	1991	G. F. Nabb	Gordon
1952	W. J. Jones	Bioscopic Bill	1992	R. Cutts	Reg
1953	W. Gough	Archdeacon	1993	A. Upson	Andy
1954	T. L. Clarke	Nobby	1994	A. Smith	Andy
1955	J. H. Jones	Gentleman Jack	1995	E. Gladden	Eddie
1956	H. N. Parnell	Handsome Harry	1996	S. Marlow	Steve
1957	T. L. Fraser	Alderman	1997	P. Simmonds	Simmo
1958	G. E. S. Twist	Lord George	1998	B. Barrett	Bernie
1959	J. M. Stotter	Cupid	1999	R. Farr	Ray
1960	W. H. Goold	Uncle Jimmie	2000	M. Gibbs	Martin
1961	E. T. Willetts	Daylight	2001	G. Snell	Geoff
1962	R. C. Devis	Vicar of Mirth	2002	S. Greiner	Simon
1963	E. W. Weatherhead	The Burgher	2003	A. Farr	Anthony
1964	Mac Smith	Prebendary	2004	J. Chadwick	Chaddy
1965	J. D. Ashby	Canon	2005	G. Izzard	Graham
1966	F. B. Beard	Commodore	2006	D. Nottingham	Notty
1967	R. E. Jones	Turpin	2007	S. Galloway	Squirty
1968	N. F. Kendall	Professor	2008	A. Guest	Alan
1969	L. S. Richards	Major General	2009	D. Martin	David
1970	P. V. Hope	Paddy	2010	P. Calfe	Calfey
1971	C. W. Phillips	Chips	2011	S. Dann	Stevie
1972	L. J. Shaw	Beau	2012	A. Clay	Andy
1973	P. A. Kavanagh	Caesar	2013	A. Polhill	Al
1974	A. V. Brackston	Brack	2014	H. Marsland	Haroldinho
1975	R. A. Flanagan	Dancing Master	2015	J. Davidge	Gadget
1976	M. M. Martin	Jet	2016	S. Ward	Wardy
1977	L. J. Hains	Jerk	2017	J. Pooley	Poolos
1978	D. J. Walsh	Dave	2018	D. Epton	Eppo
1979	J. Nicholas	Doc	2019	P. Nelstrop	Pistol Pete
1980	B. A. Guest	Ben Gurion	2020	P. Nelstrop	Rollover
1981	A. Robinson	Tony	2021	W. Feely	Wilf
1982	G. E. S. Twist	Lord George	2022	K. Williams	Edwards
1983	B. E. Pooley	Sailor			
1984	D. Hawley	Dudley			

ORGANIZATOR J. Chadwick

DIRECTOR GENERAL M. Gibbs

AUDITOR R. Farr

TREASURER S. Galloway



PRESIDENT
ALASTAIR HICK

Wednesday 27th September – Monday 2nd October 2023

Origins

For the benefit of new boys and others who read this brochure for the first time, a short history of the origins, aims and objectives of the Mal de Mer Club will provide a useful grounding for the forthcoming trip.

In the early 1930s, W. H. Goold (Uncle Jimmie) was working in Plymouth as a Branch Manager for an Insurance Company. On one of his trips to Scilly he got into conversation with certain of the Island's sportsmen and the subject of sport on the Islands was the topic for discussion. Opportunities for playing competitive sport on the Islands were limited so Uncle Jimmie offered to bring over a team of sportsmen who would play the Islanders at whatever game they chose.



Our founder, Uncle Jimmie

In September 1932 the first party arrived and, with the exception of the war years and 2020, has been coming ever since. Uncle Jimmie died in 1977 but the Island sportsmen from those early days remain very dear friends.

The objectives set by Uncle Jimmie from the first trip remain clear today – to encourage and foster sport and sportsmanship both on and off the field and particularly, in the Isles of Scilly, to encourage good fellowship with the Islanders, good feeling in its membership and a willingness to have a go when called upon.

A word of warning to new members, the Mal de Mer Club is not a democratic organisation, it is a benevolent junta comprising the President, Organizer and Director General with the opinions of the Treasurer thrown in for good measure. Do not question its authority, we have lost too many good men at sea!

Qualifications for Membership

- Proposed by a member, approval of the Organizer, Director General and President
- A second invitation to join the Mals
- Possession of a good sense of humour
- Respect for the D.G.'s commands
- Ability to hold upright all you consume
- Ability to play any three of the following games or sports:
 - Football, Cricket, Golf, Tennis, Softball, 5-a-side football, Dodgeball, Basketball, Snooker, Badminton, Pool, Gig Racing, Clay pigeon shooting, Darts, Volleyball, Table Tennis, Beach Volleyball, Hockey, Archery, Beach Football, Bowls, Rifle shooting, Bowls and Quiz answering.
- The further ability to play any one well earns you a bonus point, the admiration of your fellow Mals and a place at the top table

A PROFILE OF OUR PRESIDENT: Alastair Hick

In recent years, we've been led by landed farmers, off-shore residents and even a Headmaster. All accustomed to a life of privileged influence.

However, in 2023 we welcome Alastair Hick as titular head of our benevolent junta. Hmmm, this could be problematic for our deepest thinker.

How will Alastair square the power and privilege of Presidency with his values of equality and tolerance?

Will diversity and inclusion be the mandate handed to captains when selecting their warriors?

What we can expect with certainty is a steely edge from one of our toughest sportsmen. A true competitor on the Garrison who will garner respect from his own endeavour.

We can also expect a return to the days of pressed shirts, Windsor knots and impeccable table manners, which will be a relief to our traditionalists after enduring a shell-suited Scouser.

So we welcome our new leader, reflecting with some thankfulness that not all Mals turn out to be a mini-me of their sponsor (diversity in action right there), but hugely grateful that he joined our unique club back in 2006 and will now protect us in our 92nd year.

President Hick, Guardian of the Mals.



REMEMBER

- On the Islands, obey the commands of your President, when he rings the bell he wants your attention immediately.
- Eat or converse at the table. Reading a newspaper, looking at a mobile phone or being late for meals will earn a stern rebuke from your President and a fine.
- The President will not be able to allow those who wish to smoke to do so due to the smoking ban.
- Stick to the programme, being together, staying with the party makes the trip a happy one.
- If you have any complaint ask of the Organizer's permission to speak to the Director General on the matter.
- Morning surgeries are a regular feature for those feeling unwell, you may find the cure worse than the complaint.

Mission Statement

FROM YOUR PRESIDENT-ELECT

Dear All

At the risk of ruining one of Roy's qualification questions for the quiz team, the adage "*The whole is greater than the sum of its parts*" is attributed to Aristotle. I believe this is at the heart of the Mal de Mer Club. I love being a 'part' of the Mals I and look forward to being the part of President for the 91st trip this year.

I came to the Isles of Scilly in 1974 – but I was too young to be accepted by Bracky the President that year so unfortunately my first trip was not until 2006, and I thank my sponsor Notty for persevering and inviting me. I've been lucky enough to make most of the trips since.

The Organizer's creativity has landed this year on an Arabian Nights theme. Ali Baba is one of the Middle Eastern inspired stories dating back to medieval times narrated by the beautiful Scheherazade (what a great strong female character that would be for the Thespians – I can imagine a few Mals scrambling to call their agents now). Scheherazade has to keep the horrible King entertained with captivating tales, night after night to avoid execution. Thankfully over the years the Mals have given rise to many memorable stories and some very good story tellers inspired by the Isles. I hope we can add to these this year.

Many thanks to outgoing President Edwards who presided over an excellent trip last year which saw a modern record number of new boys combine with existing talent (of various levels of maturity) and commitment resulting in some impressive sporting performances including two of the best football matches I have seen since coming on the trip, a dogged 2nd half in Hockey to secure a win and members of the shooting team rolling back the years (yes that's ROLLING BACK THE YEARS) to prevail. Well done Keith and sorry again about how I played those last two holes in the golf competition last year – clearly I am at the very least a 22 handicap!

Also, many thanks to the Organizer and the DG. While we all have an important part to play, the Club is dependent on the benevolence and extra considerable effort, often behind the scenes, of the junta.

As a men's sporting club, inevitably there are some limits on the Club's diversity. However, the strength of the Mals is its relative diversity in terms of ages, where we come from and live, backgrounds, occupations, interests etc. What brings us together is a love of sporting competition, commitment and willingness to give things a go and to keep going, comradery, humour (invariably self-deprecating), tolerance, fairness, kindness, interest in



Our incoming President (left) captured whilst on his very first visit to Scilly back in 1974.

others, and what makes it special and unique is the privilege of this taking place in the Isles of Scilly alongside its community. This is the spirit of the Mals. The origins of the club and qualification for membership are so worthy, simple and strong. That is why the club has endured and has a bright future.

You all have an important part to play in contributing to the whole:

- **New boys, welcome** – keep going and pace yourself but broadly the more you put in and give of yourself the more you will enjoy it (I remember being inspired by Smithy complimenting me on being usefully average at all sports!). All the Mals hope you have a great time and this is the start of something that will grip you.
- **Younger Mals** – often the engine room of the more physical blue riband events – push for some memorable wins, keep finding your feet and enjoy the whole experience.
- **Older Mals** – the glue – you know you still have vital sporting and wider contributions to make.

Support the captains of all the events. Captains – please involve as many new boys and Mals as reasonably possible – lead and win. Every event is important – a point is a point. Even reading this now not long before the trip it's not too late to brush up on your pool or snooker breaks, nine dart finishes, volleyball sets and spikes, basket-ball lay ups, table tennis strategy, long barrier fielding technique etc etc.

Support and encourage each other, stick together, win if at all possible and in the nicest possible way and show the islanders how much we love and respect the Isles.

Onen Hag Oll Mals.

Best Wishes

Alastair Hick – President Elect 2023

The all-rounder seen here...



A HAT-TRICK (or should that be a HAT-HICK?)

PLEASE NOTE:

The Golf Organizer will decide on the format for morning golf; and if prompted may even share that with us at breakfast.

GOLF: GENERAL

It has long been decreed that all who are able to walk must play golf each morning.

Those Mals whose state of health is such that the prospect of a walk round the Golf Course will seriously endanger their health will be excused and should report to the Director General who will seek a second opinion from our expert medical team. Goofers are those handicapped 28 and are identified as such on the list opposite.

Rules for Goofers:

- Do not pick up lost balls until they have stopped rolling;
- Goofers having lost or destroyed two balls at any one hole must desist from further punishment at that hole and enter ten on their card;
- Ten is the maximum score for Goofers at any hole in any competition;
- When Goofers play with golfers they must desist from coarse language should the golfer hit a bad shot. Retribution should be extracted in the bar;
- Dislodged turf should be replaced (except on the tee);
- Do not eat the blackberries behind the sixth tee.

BBC
SPORT

Focus on the world's smallest football league

Back in March, the BBC published an article about the IoS football league on its website.

The full article can be found here: <https://www.bbc.co.uk/sport/football/64987864> and the Mals get a mention towards the end. To save you looking, here's what's said about us:

“Each September, the Mal de Mer Sporting Club, which takes its name for the French for seasickness, cross over from the mainland to go up against the locals in a multi-sport competition, including darts, gig rowing, beach volleyball and, of course, football.”

Many of our IoS friends are mentioned, and it tells of what a unique set-up it all is – we are privileged to be part of it.



The Isles of Scilly is home to the world's smallest trophy as well as the world's smallest football league

GOLFERS x 24	HANDICAP
Keith Williams	9
Paul Simmonds	12
Elliot Hick	12
Adrian Cowell	13
Andy Smith	14
Darryl Foulk	15
Martin Gibbs	18
Paul Broadbent	18
Alastair Hick	18
Simon Hewer	19
Guy Simmons	19
Jeremy Chadwick	20
Dave Epton	20
Eddie Gladden	20
Shaun Galloway	20
Dave Martin	20
Alan Guest	22
Russell Webster	22

Phil Cook	24
Dave Nottingham	24
Andy Clay	25
Alex Polhill	25
Charlie Applewhite	26
Rob Epton	26
GOOFERS x 9	HANDICAP
Tom Hinchley	28
Richard Tredwell	28
Lee Cope	28
Matt Dunn	28
Kevin Ridge	28
Andy Lunn	28
Steve Brownley	28
Geoff Snell	28
Harry Marsland	36

NOTE The handicaps above are indicative only. If yours differs, please advise the Golf Organizer – especially if you are on the cusp of Golfer or Goofer.

GOLF RESULTS 2022

GOOFERS:	MORGAN MUG	Richard Tredwell
	NOSWORTHY NOGGIN	Dave Epton
GOLFERS:	PERRY POT	James Barry
	BISHOP'S BEAKER	Jim Ward
	GEORGE TWIST TANKARDS	Andy Smith & Andy Pugh
	BEST GROSS	James Barry & Jim Ward



The Ben Gurion ETHOS AWARD 2022 WINNER : Guy Simmons

Many congratulations to Guy, who earned the award on account of not only his encouragement and support for the many new boys on the trip but in addition for his great help looking after our island friends at the quiz event.

Well done Guy!



Guy being presented with the award by Ben's nephew Alan.

Who told me to leave my car at the pub and take the bus home? Turns out I was in no fit state to drive that either.



Room Listing

	SARACEN	SCARAB
2	Andy Smith	Martin Gibbs
4	Harry Marsland	Alastair Hick
7	Jeremy Chadwick	Shaun Galloway
10	Roy Bound	Alex Polhill
14	Paul Broadbent	Adrian Cowell
15	Dave Nottingham	Simon Hewer
16	Guy Simmons	Lee Cope
17	Keith Williams	Tom Hinchley
22	Alan Guest	Russell Webster
23	Darryl Foulk	Kevin Ridge
24	Richard Tredwell	Geoff Snell
25	Dave Martin	Phil Cook
26	Elliot Hick	Matt Dunn
27	Dave Epton	Andy Lunn
28	Rob Epton	Charlie Applewhite
29	Andy Clay	Steve Brownley
30	Paul Simmonds	Eddie Gladden

ENDEAVOUR TROPHY '22



Initiated by President Davidge in 2015, this is awarded to the Mal who has taken part in the most events over the trip.

WINNER(S) : Russ Webster and Keith Williams

So you watched while 5 men attacked a climate activist? Why didn't you help?



Well, I thought 5 was enough.

President's Golf Day



Mal de Mer Golf Day : 28th April 2023 Church Stretton Golf Club

Late April, the mist was clearing and into the arena came the 29 gladiators to test their skills against one of the highest courses in England, Church Stretton Golf Club, formed in 1898.

Sitting on top of the Shropshire Hills, it's not the longest of courses but that didn't mean it was easy. Major champions such as Sandy Lyle, Ian Woosnam and Henry Cotton have graced the fairways, and legends, Harry Vardon and James Braid helped design some of its most outstanding holes.

So now it was time to see what the Mals can do.

Fortified by bacon baps and coffee/alcohol the President, Keith (Edwards) Williams led the troops out. Golf Organizer, Simmo was accompanying to make sure the President didn't win a prize and sadly, he wasn't needed!



The Robinson Receptacle winner – our incoming President has clearly adopted a ME-ME-ME approach to 2023.

The most courageous warrior was Wilf Feely, our past President, recovering from a stroke, it was wonderful to see him and he competed well, being driven around the course (and the bend) by Mal's stalwart Roy Bound.

The weather was good, a slight wind was blowing and the views from the course were outstanding.

All gladiators enjoyed the challenge, some more than others and some weary golfers started to return to the clubhouse for sustenance.

Finding it all bit too much of a challenge was new boy Lee Cope who won the 'I tried (but made an arse of it) award'.

Showing his power, the longest drive was won by Ollie Gray definitely must have been taught by Jimmy.

The more accurate players were awarded the nearest the pin prize of a bottle of plonk supplied by the President and they were Shaun Galloway on the 5th (yes I did say Shaun Galloway), Steve Dann on the 12th and Simmo on the 18th. Simon Hewer won nearest the pin in 2 on the 10th hole.

Best new boy was Simon Hewer winning the 'New Boy Trophy' and in fourth place was the Lincolnshire pilot Dave Epton with 37 points. In 3rd place was Golf Organizer Simmo also with 37 points but winning on the back 9.

ROBINSON RECEPTACLE

OVERALL WINNER : Alastair Hick

RUNNER-UP : Dave Dallaway

LONGEST DRIVE 9th : Ollie Gray

NEAREST THE PIN 5th : Shaun Galloway

NEAREST THE PIN 10th : Simon Hewer

NEAREST THE PIN 12th : Steve Dann

NEAREST THE PIN 18th : Paul Simmonds



Mr Muscle Ollie Gray making his gradnad proud.



Stevie D adding a touch of glamour to the proceedings.



The G.O. maximising his local knowledge.



Our generous President enjoying a man-hug with El Bandito.



Squirry snaffles a rare prize.



Dangerous Dave D once again amongst the winners.

Nearly, but not quite, was Dave Dallaway, coming in with 39 points. That's leaves us with our winning gladiator, President-Elect and perpetual bandito Alastair Hick taking the Robinson Receptacle with an excellent 41 points.

Good food and copious amounts of alcohol ensued marking the end of another great Mals day.

Mals will be pleased to know that our President-Elect will now play off a handicap of 18 and other bandito Dave Epton will be off 20.

**See you all on the islands
Simmo**



The hierarchy spot a famous sponsor on the 17th.

2022 AGM

Minutes of the Annual General Meeting

Present : Hierarchy

Apologies : N/A

Election of officers

PRESIDENT : Keith Williams was elected President and duly flushed in.

DG : Martin Gibbs was re-elected.

ORGANIZATOR : Jeremy Chadwick was re-elected.

TREASURER : Shaun Galloway was re-elected.

AUDITOR : Ray Farr was re-elected.

PRESIDENT ELECT : Alastair Hick

Treasurer's Report : I am happy to report we made a small profit on the trip in 2022. The record numbers of Mals and New Boys last year really helped us in balancing the books. Our cash reserves increased a little, as did those in the Future Fund.

As communicated last year, the Hierarchy are concerned with the increase in costs coming our way on this year's trip. The "cost of living crisis" along with stubborn inflation means that costs will inevitably increase.

In calculating the price of Ali Baba's extravaganza, we've taken a view and decided not to pass on all the likely cost increases and will fund any gaps from the club's reserves. We obviously cannot do this every year, but hopefully price increases will settle down and things return to a more normal footing in 2024.

New Boys on the trip : Liam Hale, Struan Kenton, Michael Loggin, Sam Manning, Tom Hinchley, Richard Tredwell, Russell Webster, Andrew Pugh, Simon Hewer, Joey Davidge, Dave Broadbent (Jnr).

New member flushed in : Ollie Gray, Oli Collins, James Barry.

Organizator's Report

ahead of 2023 trip : Following a bumper 2022, this year our numbers are somewhat reduced – with all measure of different reasons impacting to cause this. However, the Mals are nothing if not resourceful and I recall that in 2012 under President Andy Clay we had a smaller number still yet recorded a winning trip – so it can be done.

A big welcome to our new boys, we very much hope you enjoy the experience and that we'll see you again in 2024. In addition we welcome the return of some of our senior Mals, who whilst not quite as athletic as they once were, their presence amongst us is to be celebrated.

The D.G.'s 2022 Report

The Tuesday weather on the drive down to the south west didn't bode well for our Wednesday flight to the Isles of Scilly. Low cloud and rain from Bodmin Moor onwards failed to dampen our enthusiasm, but the Mals were having none of it and Wednesday started better and got better!

Forty eight Trippers gathered at the airport, eleven New Boys, three flushee's and thirty four Mals. Four flights transported the squad to St. Mary's, and to our 'home from home' for the next 5 days; Tregarthens Hotel, Hugh Town. The bugle sounded whilst the flag was raised and the DG as usual heartily welcomed everyone and explained what was expected over the next five days.

To the quay! All aboard the Sea King for our visit to St. Martin's. Lunch at the Seven Stones was a first for the club with tasty food and great company. The weather was absolutely perfect, good to see the sparrows from Juliette's Garden greeting us in the late summer sun. Arriving back at the quay on St. Mary's the Mals divided into three squads. The tennis squad made their way to the Garrison, where Shaun Galloway and the President Elect greeted them with the news that the Mals were 1-0 up, after they had played the first match whilst we were sunning ourselves on St. Martin's.



Looking like a poster from 'The Usual Suspects', here we see Mr & Mrs Mills prior to their match against our Treasurer and President.

The basketball, volleyball, dodgeball, vets football and table tennis squads disappeared to the school. The remainder made their way to the golf club where we met the family of past President Reg Cutts, who were on the Isles to scatter Reg's ashes on the third fairway next to his friend Ben Guest. In what could only be described as 'blustery' conditions, some lovely words and poems were spoken and recited prior to scattering Reg's ashes over the golf course. RIP Reg a true Mal de Mer.



Mr D.G. says a few words at the scattering of Reg's ashes, witnessed by members of the Cutts family and some of the older Mals that fondly remember him.

Due to refurbishment's at the hotel, the bar area and foyer had transformed itself into a dining room. Fears about crushes and lack of space were soon allayed as forty eight sportsmen sat down for supper. Our past President Wilf Feely was unable to attend due to a lengthy convalescence back home in Royal Leamington Spa, so Rent-a-Prez, Pete Nelstrop, stepped in once again to flush our new President Keith Williams into office. Wearing the 'Balls of Office', the President restated his 'Mission' statement and then flushed in Ollie Gray, Oli Collins and James Barry. We look forward to you all being presidents in the mid 2030's. New Boys were introduced by their sponsors, by which time Mal-Nutrition (see *what I did there Ed*) was setting in!

Captains gave their match reports starting with Shaun Galloway, who reported that the team despite giving 114% were 1-2 down in the first rubber. David Broadbent senior followed, reporting that after our victory last year, the Islanders had set up a new basket ball league containing notable teams such as 'The Hugh Town Globetrotters,' and 'The Bryher Bulls.' To that end another defeat was reported 29-12 to the Islanders. Various Mals were fined for not wearing the club badge, most notable '4 more years', ex president Pete Nelstrop who claimed that his sponsor had never bought him a badge... A bit of a *pants on fire* moment. Dave Martin reported a victory, 8-5 to the Mals at the table tennis. Paul Broadbent also recorded a victory in the volleyball 2-0. This is better! Sean Calfe kept the mood positive with a 3-0 win in the dodgeball and finally David Nottingham reported that a much improved veterans 5-a-side narrowly lost 8-3. The Mals were 3-2 up in the sports, so let's go for a beer! And another etc.



No prizes for guessing this handsome individual with a big grin on his face.

Thursday started cool and windy. Would the golf course cope with 48 players? Sans doute! The golfers Perry Pot was won by James Barry with Alastair Hick a close second, bit of a theme running here. The goofers Morgan Mug was won by 'New Boy', Richard Tredwell, with the intrepid Rob Epton a close second.



The benefits of some young legs certainly showed in a much improved performance – well played lads!

Down to Porthmellon Beach for a look at the footballers from both sides. Will the tide have turned? Unbelievably the score was the same as last year and a very proud Mals captain, Paul Calfe, cheered his victorious team all the way. 6-3 to the Mals. Tom Mileham scoring a hat-trick. Well played everyone.

Oli Collins, Beach volleyball captain, kept the momentum going with a 2-1 victory, the crowd were going wild! Wild enough to go for a swim. Many sportsmen (and Andy Smith) braved the potentially deadly waters of the Atlantic, what a hard bunch.

Now for some Blue Riband hockey, ably captained by Jim Ward. What an honour to captain a sport that goes back 90 years in Mals history. Everyone gave 125% and we won 3-1. A fantastic day all-round, just Fort Scillonian to storm this evening now.

Dinner unfortunately was a rush along with the match reports, and after tattoos were distributed we were off to the Scillonian. Captain Guest's team did not quite get the point, losing 7-2 at darts. Congratulations to Mr. O and Sean on their victories. It was our first defeat of the day.



The 125% ers (and the best socks on the trip).

Pool was so close that it ended in a 5-5 draw. Due to its popularity the snooker was held 'off-site.' A capacity crowd saw the Merlot Mals lose to the Scilly Sauvignons 1-3. Oops!



Our new golf captain graciously hands the trophy back to winning island captain Bo. Make sure it comes home this year Smithy!

Must be time for the guest band to appear live at Treg's. Apparently this was the start of Break Wind and Fire's World Tour. *Do You Remember?* Unfortunately who could forget! It was a tribute to President Keith's sporting prowess, and a memorable moment of his from yesteryear.

Ex President Wilf Feeley's phone message of good wishes was relayed to us all at dinner. We look forward to having you back in our ranks Wilf!

Fridays weather started calmly but the forecast for the golf match looked dodgy. The battle for the George Twist Tankards took place in perfect conditions. The Golfer/Goofer American Foursomes format revealed proper winners, the new Golf Captain, Andy Smith and Tractor Boy, Andy Pugh. Runners up were the Hole in the Wall Gang, Cisco Farr and Pancho Nelstrop!

The Golf Match. As holders of the trophy the new captain was on great form and despite the weather forecast there was a real sense of optimism. I know over the years we have played in some foul weather but 2022 will live long in the memory. It's at these times it makes you so proud to be a Mal de Mer. 18 golfers plus 18 caddies did battle, not only with the Islanders, but with the weather too! You could say that the Islanders are used to these conditions but may I say nobody in their right mind would play any sport in those conditions!

It was a fantastic tussle and deservedly the Islanders won 5.5-3.5. Thank you everyone, golfers, caddies and supporters.

Unfortunately the inclement weather meant the Gig racing was cancelled, due to a waterlogged course...

Another busy dinner with Alastair Hick toasting the 11 New Boys. Tom Hinchley responded and said some lovely things about the Mals, some of which were nearly true. Time for more combat. The Badminton squad marched down to the school, and the 1st Foot & Mouth Rifles and Archers marched up to the Garrison. Of late the Island badminton team have been formidable and proved just so again. The Mals won the shooting last year in a close encounter but were unfortunately outdrawn this time. Just the archery to go. Chief 'Crazy Hick' and his braves proved too strong for the Islanders retaining the trophy again. Heap Good Show. Time for a few fire waters back at the reservation.

Jack Davidge woke us bright and early. It's Super Saturday. Well not so super for Russell Webster one of the New Boys who decided to have a lie in! He'll not be doing that again!

A bright and sunny day beckoned us to the golf course. Competitions were the Bishop's Beaker for Golfers and the Nosworthy Noggin for Goofers. Winner for the Golfers was Jim Ward, with Paul Broadbent in silver place. "Lincolnshire, la, la, la, Lincolnshire, la, la, la!" (That's enough, Ed). The Goofers was a very close family affair! Winner was David Epton, with brother Rob in Silver. "Lincolnshire... (you've been warned, Ed).



Tredders demonstrating his unique delivery style – spot the ball...



Now for another Blue Riband event. Cricket vs St. Mary's at the Garrison. This is a pivotal game, a win for St. Mary's would tie the Mals score for the overall result. Come on you Mals! St. Mary's batted first scoring 144. Unfortunately, this was too much for the Mals who scored 97 all out.

8-8 overall. Don't panic!

Up at the Garrison, just before kick off, both teams lined up and a minutes applause was held in memory of our old friend Chas Chandler, who very sadly had recently passed on. He will be sadly missed not only by the Mals, but by all who knew him. A lovely man who loved the Isles and the game of football. RIP Chas.

Jack 'Grealish' Davidge doing the business up at the Theatre of Dreams.

The beach football captain handed his winning baton over to the big school football captain Harry. Spoilt for choice this year, Harry put out a very competitive squad, and we witnessed one of the most betterer games in years. Everyone gave 135%, players, subs and crowd. The scoreline didn't really do justice to the effort of the Mals and we unfortunately trailed 1-2 to the Isles of Scilly league all stars. Despite the score, there was a distinct lift in the mood of the Mals on their way back to Treg's.

Dinner was a more sedate affair. The D.G. assured the club members that they were in good hands and that Alastair Hick had impressed us suitably enough to become President elect.

Two more events this evening, the Quiz and the Boat Race. Both Trophies were in the hands of the Islands, could we wrestle them away? The Quiz started very well with the Mals taking an early lead, but the experience of Clive Mumford and his sometimes Merry Men eventually told, leaving the Mals in silver position. I am afraid to report similarly on the Boat Race. Everyone gave 138 litres (% Shurly, Ed). Let's have another drink.



Our incoming President acquires a pair of glasses that he believes the umpire may benefit from.

Sunday and the last day of the 2022 Trip. A bit drizzly to start but getting betterer all the time. The Mals best shots convened in the square at 10a.m., and the tennis, cricket and bird spotting squads boarded the 'Kingfisher', bound for Tresco.

The tennis squad had a bit to do trailing 1-2 from the first leg. It was unfortunately a similar result to the first with Shaun and Mr President winning their match, and the Mals losing the next two. Thank you to Dave D, Notty, Darryl F, Struan, Steve Dann and David Broadbent jnr who were out-tennis'd by the Island team.



The cricket was a brief affair with Tresco being dismissed for 37. The Mals quickly knocked off the runs to claim a deserved win. Oli Collins played his first ever game of cricket and Notty didn't hurt his fingers. Thank you Jim Ward for ably deputising for Ben Jakes who was still on sick leave.

Guy makes sure new boys Simon and Liam complete their cards to the high standard the new Golf Organizer would expect.



Oli hits an absolute beauty, which if memory serves almost snapped the crossbar.

Good news greeted us on our return to St. Mary's. The Clay pigeon team had won their shoot out. Reluctant to pick out any stars new captain Eddie Gladden thanked everyone, but especially New Boys, Tom, Russell, Sam and Simon.

The second leg of the football! A capacity crowd had turned out filled with much anticipation and crab sandwiches. A great game, the Mals team to a man put together a sublime performance. 3-3 was the final score on the day, unfortunately losing 5-4 on aggregate. Thank you, the Woolpack Gunners, for the first time in quite a while you were tested and managed to hang on!

Just time for a quick shower before guest evening. Always a great evening for having a yarn or two with our Island friends. A superb meal was enjoyed by everyone and a big thank you to Richard Waters who sponsored the wine on the top table. We learnt about the recipient of the Merit Trophy Ryan Whittaker.

Our President spoke about his personal experiences on the Isles, the competition and his love of the Mal de Mer Club. Our great Island friend Bo Green responded on behalf the Islanders. He spoke of his years of cheerful association with the Mals and the friends he had made. Thank you Bo for your kind words.



Mr President cuts into the splendid 90th Anniversary cake baked by Tregarthens' pastry chef Emma.

Joss Davidge started up the 'Randomiser' and the Future Fund Draw was live! The £25 prize was won by Joss Davidge himself! How fortunate was that? The £50 was won by Charlie Applewhite. Now for the £100 top prize... First number drawn belonged to... Joss Davidge! How lucky is that? Joss who is trying to patent the 'Randomiser' put his number back in the Draw. Top Prize again... it's Jeremy Chadwick! Jeremy ever the diplomat, returned his number back into the Draw. Third time lucky – and it's The President!

It had been a hard week for Keith and he trousered the cash. Despite many Hurrumphs Joss denied any skull duggery. Later on he did admit to not switching off the 'Most Admired Employee' programme, for his company, which apparently Joss wins on a fairly regular basis.

Roll out the Red Carpet it's showtime! 'Ghost', a GuestSmith production, with a cast of thousands, which followed the champagne style life of our President through the years. The cutting room floor was littered with last minute censorship, but everybody agreed that this was the best show in years.



Sporting his Shrewsbury Town shirt, lead actor Smithy wows the audience with his melancholy solo, flanked by ghosts of both his past – and future.

Well what a Trip! We narrowly lost 10-12 overall, but that doesn't begin to tell half the story. 48 sportsmen arrived on the Isles of Scilly 90 years after the club's first Trip.



As usual there were highs and lows but throughout, the Mals displayed the wishes of our founder Jimmie Goold 'to sponsor sportsmanship and good fellowship both on and off the sports field'

Did we have a go?
I think we did.

Give us a friendly wave chaps!

Summary of Games

EVENT	DATE	PLACE	TIME	HOLDERS
ARCHERY	Friday, September 29	Rifle Range	8.15 pm	Mals
BADMINTON	Friday, September 29	School	8.00 pm	Islands
BASKETBALL	Wednesday, September 27	School (staff)	4.45 pm	Mals
BEACH FOOTBALL	Thursday, September 28	Porthmellon Beach	2.00 pm	Islands
BEACH VOLLEYBALL	Thursday, September 28	Porthmellon Beach	3.00 pm	Islands
BOAT RACE	Saturday, September 30	Tregarthens' Terrace	10.15 pm	Islands
BOWLS	Friday, September 29	Golf Course	2.00pm	Cancelled
CRICKET	Saturday, September 30	Garrison v St. Mary's	1.30 pm	Cancelled
	Sunday, October 1	Tresco	Noon	Islands
DARTS	Thursday, September 28	Scillonian Club	8.45 pm	Islands
DODGEBALL	Wednesday, September 27	School	5.15 pm	Mals
FOOTBALL	Saturday, September 30	Garrison Ground	5.00 pm	Islands
	Sunday, October 1	Garrison Ground	5.00 pm	Mals
5-A-SIDE	Wednesday, September 27	School	6.00 pm	Islands
GIG RACING	Thursday, September 28	Harbour	5.30 pm	Cancelled
GOLF	Thursday, September 28 Golfers: Perry Pot 9 holes Goofers: Morgan Mug 9 holes	Golf Course	9.00 am	
	Friday, September 29 Golfer/Goofer: George Twist Tankard	Golf Course	9.00 am	
	Match-v-The Islanders		1.00 pm	Mals
	Saturday, September 30 Golfers: Bishop's Beaker 9 holes Goofers: Nosworthy Noggin 9 holes	Golf Course	9.00 am	
HOCKEY	Thursday, September 28	School	5.00 pm	Mals
POOL	Thursday, September 28	Scillonian Club	8.45 pm	Islands
QUIZ	Saturday, September 30	Tregarthens'	9.45 pm	Islands
SHOOTING: RIFLE:	Friday, September 29	Rifle Range	8.15 pm	Mals
SHOOTING: CLAYS:	Sunday, October 1	Venue TBA	10.00 am	Islands
SNOOKER	Friday, September 29	The Vineyard	8.30 pm	Mals
TABLE TENNIS	Wednesday, September 27	School (pupils)	3.15 pm	Mals
TENNIS	Wednesday, September 27	Garrison Ground	3.00 pm	Islands
	Sunday, October 1	Tresco	Noon	Cancelled
VOLLEYBALL	Wednesday, September 27	School (pupils)	4.00 pm	Mals

Team Captains

SPORT		ISLANDERS	MAL DE MERS
ARCHERY		Steve Whomersley	Alan Guest
BADMINTON		Linda Thomas	Keith Williams
BASKETBALL		Ben Jenkins	Russ Webster
BEACH FOOTBALL		Russ Hutchins	Tom Hinchley
BEACH VOLLEYBALL		Richard Mills	Charlie Applewhite
BOAT RACE		Russ Hutchins	Charlie Applewhite
BOWLS		David Corners	Roy Bound
CRICKET	ST. MARY'S:	Kevin Hall	Captain: Richard Tredwell
	TRESCO:	Jamie Parkes	
DARTS		Jock MacDonald	Alex Polhill
DODGEBALL		Martyn Songhurst	Darryl Foulk
FOOTBALL		Gibbo	Harry Marsland
VETS 5-A-SIDE FOOTBALL		Chris Evans	Dave Nottingham
GIG RACING		Ben Johnson	Andy Clay
GOLF		Steve Watt	Andy Smith
HOCKEY		Selena Baxter	Rob Epton
POOL		Gibbo	Simon Hewer
QUIZ		Steve Sims	The President
SHOOTING:	RIFLE:	Steve Whomersley	Dave Epton
	CLAY PIGEON:	Carol Young	Eddie Gladden
SNOOKER		James Francis	Guy Simmons
TABLE TENNIS		Martyn Songhurst	Dave Martin
TENNIS		Mike Brown	Shaun Galloway
VOLLEYBALL		Martyn Songhurst	Paul Broadbent

“ I find it really embarrassing when guests visit my house and my dog sniffs their crotch. Especially as he's a chihuahua and I have to lift him up. ”

“ Why do people only want to eat tuna if it's been friends with a dolphin? If anything I think that it makes eating it even more heartbreaking. ”

Duties

Officer of the Day

This post was created many years ago and its duties should be undertaken responsibly.

- To ensure that every Mal receives an early morning call at 7.00 am to 7.30 am.
- To ensure that all Mals proceed to meals, the bus/boats at the appointed times.
- To collect golf sweep and hand this to the Golf Organizer.
- To collect fines and pass them to the Treasurer.
- To assist the DG, Organizer and President in any other task required.
- To raise the Mal de Mer flag pre-breakfast and lower pre-dinner each evening.

Baggage Masters

On arrival at Tregarthens Hotel, the Baggage Masters are to see that the luggage of the elderly and frail are taken to their respective rooms. On departure they are to ensure that baggage is placed outside the hotel in accordance with the DG's instructions.

Presidency

It is the duty of all Mals to respect the office of President during his year of office which commences on the island of St. Mary's and ends in the following year on the island. The President Elect shall not assume the title of President until he is flushed in. Abuse of this regulation will earn a firm rebuke or worse from the Hierarchy. Any Mal addressing the President Elect as 'President' will suffer similarly!

TOP TABLE ETIQUETTE

At dinner, the top table (with the exception of the Officer of the Day) will be seated only by those who have received a personal invitation from the President that day. Imposters will be exposed and removed, and if there is an empty seat, everybody shuffle up one.

TREGARTHEN'S BAR

NEW FOR 2023

The Tregarthens bar will close at 2am every night, so last orders is to be at 1:30am.

They are only able to accept room transfers as payment after midnight, and no cash or card payments.

However, there will be an extended late bar on Saturday night (but same payment rules apply)



LOOK**IMPORTANT!**

Photo ID is now required by Skybus. It is your responsibility to ensure you have this on you!

Outbound flights

Wednesday 27 September from Land's End Airport

FIRST FLIGHT (x 14) Baggage Master: Darryl Foulk
Report to Airport Check-in: 7.15 Take-off: 8.15

LOOK

Eddie Gladden	Matt Dunn	Kevin Ridge	Darryl Foulk
Roy Bound	Paul Simmonds	Keith Williams	Phil Cook
Alastair Hick	Elliot Hick	Dave Martin	Andy Smith
Richard Tredwell	Geoff Snell		

SECOND FLIGHT (x 12) Baggage Master: Tom Hinchley
Report to Airport Check-in: 7.30 Take-off: 8.30

Martin Gibbs	Dave Epton	Guy Simmons	Lee Cope
Paul Broadbent	Adrian Cowell	Andy Clay	Tom Hinchley
Rob Epton	Andy Lunn	Steve Brownley	Charlie Applewhite

THIRD FLIGHT (x 8) Baggage Master: Russ Webster
Report to Airport Check-in: 8.35 Take-off: 9.35

Jeremy Chadwick	Shaun Galloway	Harry Marsland	Alex Polhill
Dave Nottingham	Simon Hewer	Alan Guest	Russ Webster

We have arranged for our regular minibus driver Duane (DJ Cabs) to collect us from the airport, so please look out for him upon arrival.

**LOOK****IMPORTANT!**

We have an allowance of 15 kgs each, so please ensure that none of your bags are heavier than this. **If in doubt, decant into two smaller bags**

LOOK



FUTURE FUND

Supporting the future of the club

The Mals **FUTURE FUND** (formally the 100 Club) is an initiative designed to help us fund New Boys and Young Sportsmen. Simply buy a ticket (or two) and you're in.

There are 3 tickets for the Xmas draw (£75, £50, £25), 2 for the Golf Day (£50, £25) and 3 for the trip (£100, £50, £25).

At each of the 3 draws we will be buying 10 lottery tickets. If/when we win, then that money also goes into the trip draw (to be allocated pro rata). If by chance we win more than £1000 on any lottery ticket(!) then that will instead be allocated out evenly to everyone who has bought a ticket.

All draws are now also broadcast live on Facebook... tune in if you are not at the draw.

In addition we have started an amazing initiative that will allow us to generate **FREE MONEY** for the **FUTURE FUND**.

It is a super easy, pain free, zero cost way to raise money for the Fund... so please sign up now and use it whenever you buy something on the internet. Instead of going straight to your favourite shopping website direct, go via [easyfundraising](https://www.easypfundraising.org.uk/) first and then click on to your favourite retailer and the Mals will get a % donation from the retailer every time you shop – simple!

Every time you shop online go via this site. All donations are automatically paid direct into the Mals account.

WINNERS:

CHRISTMAS DRAW

£75	Andy Pugh
£50	Rob Epton
£25	Keith Williams

2022 TRIP

£100	Keith Williams
£50	Charlie Applewhite
£25	Joss Davidge

GOLF DAY 2023

£50	Ray Farr
£25	Scarlett Hutchins

We have registered the Mals so just follow these simple steps. Go here: <https://www.easypfundraising.org.uk/>

- Search for the cause 'Mal de Mer Club'
- Join the site for free
- Enable the pop up
- Bookmark the site in your Bookmarks bar so you remember

Was that a fart?

Some of it...



Dress code

Morning

Casual – what you intend to play golf in.

Evening









Jackets and Mal de Mer ties and badges must be worn at dinner. Rings or studs through noses, ears or lips are very strictly forbidden. New designer ties and lapel badges are now in stock. See the Organizer should you need an upgrade. Do not wear colours that clash.

IMPORTANT!

One of the great traditions with the Mals is our ability to transform ourselves from sweaty sportsmen to suitably smart 'gentlemen' for dinner (usually in record time). This is an important part of our heritage, and the hierarchy ask that all do their very best to maintain standards.

Sponsors are obliged to ensure their New Boys are correctly suited and booted.

Sporting/Boat trips

	CRICKET	With our Tregarthens sponsored cricket shirts, you will only need to bring white trousers and a jumper. Trainers must be worn for batting and bowling.
	FOOTBALL	Full Mals' kit is provided, so just bring boots, alic bands, shin pads and plenty of support strapping.
	HOCKEY	The Yellow polo shirts are to be used for hockey. Shin pads, gumshields and all weather surface footwear.
	SHOOTING	Countryside commission regulation dress, no balaclavas.
	BOAT TRIPS	Some form of waterproof clothing and a Mal de Mer fleece. Plastic sheets available on board if it gets really rough.
	GIG RACING	Shorts, T-shirt and shoes you don't mind getting wet.
	BADMINTON	Green Mals polo shirts – see the Captain for this if you are selected.
	BEACH VOLLEYBALL	Pink Mals polo shirts – see the Captain for this if you are selected.
	BEACH FOOTBALL	Blue Mals shirts – see the Captain for this if you are selected.
	VOLLEYBALL/ BASKETBALL	Green Mals shirts – see the Captain for this if you are selected.
	VETS 5-A-SIDE FOOTBALL	Just the shirts required, as all players will likely already have sports shorts, socks and shoes (and if not, why not?)
	DODGEBALL	Hi-vis yellow shirts for this event chaps. The captain will provide these and will sort the laundering afterwards.

The Mal de Mer Merit Award

At each Guest Night Dinner we ask a representative of the Five Islands School to announce the School's recommendation for the recipient of the Mal de Mer Merit Trophy for the year. Some Mals may be slightly unsure as to the full detail of this and it is as well that we again place on record the importance which we – the Mal de Mer Club – attach to this annual award.

It is our premier contact with the School and an important link between the Islanders and the Club, since many earlier holders of the trophy will now be meeting us in our various sports or in the shops/hotels on the islands. The award is accompanied by a cup, a certificate and a cheque donated by our President. The cup was introduced in 1956. Unfortunately our archives do not show the donor but the first name engraved upon it was J. R. Williams. In 2022 The Merit Trophy was awarded to Ryan Whittiker.



The Mal de Mer Merit Trophy

Importantly, the criteria upon which the recommendation for the award is made is as follows:

The trophy is not presented for scholastic success, it is not even competed for. It is awarded to the BOY or GIRL who over his or her school career, has contributed something of merit, by his or her example and personal effort made to help others. The Mal de Mer Club in an effort to recognise these merits, has offered this Trophy for annual award among Scillonian scholars.

CAN YOU HELP?

If you happen to be an Islander reading this, then this message is for YOU. Roy Bound is endeavouring to establish a “*Where are they now?*” record for all the previous winners of the Mal de Mer Merit Trophy.

If you happen to know how any previous winners have fared since they left the school, then please let Roy know on 07740 604099 or email: roy@roybound.plus.com

It would be great to learn how their lives have progressed and to possibly run a feature in next year's brochure.

Many thanks for your help!

ROLL OF HONOUR

MERIT AWARD

1956 : Jack(ie) R Williams

1957 : Cynthia Ball

1958 : G Pascoe

1959 : Richard Pender / Gerald Thompson

1960 : Clive Guy

1961 : M Pender

1962 : Diana Morley

1963 : No award

1964 : T J Perry

1965 : Annette Wright

1966 : P E Barker

1967 : Ann Hicks

1968 : No award

1969 : No award

1970 : D Rosewall

1971 : Charmaine Evans / Trevor Williams

1972 : P Raglan / Michael Hicks

1973 : P Palmer / Ralph Handy

1974 : Miriam Hicks

1975 : Andrew Goddard

1976 : Isobel Lawry / Debbie Sims

1977 : Gail Evans

1978 : Amanda (Mandy) Goddard

1979 : Kay Roberts

1980 : David Pickston

1981 : K Martin / Mark Humphreys

1982 : Stephen Jenkins

1983 : Julia Poat

1984 : Sarah Hunt

1985 : Stephanie Loxton

1986 : Mark Thompson

1987 : Emma Brown

1988 : Jenny Thomas

1989 : Mark Chiverton

1990 : Amy Julien

1991 : Marie Woodcock

1992 : Merryn Smith

1993 : Armorel Duncan / Sarah Bennett

1994 : Francine Morley

1995 : Bryony Duncan

1996 : Adam Conisbee / Crystal Nicholas

1997 : Andre Nicolle

1998 : Isobel Taylor

1999 : Chris Wyburne Ridsdale

2000 : Hannan Plevin and Stephen Duncan

2001 : Leonie Hicks / Darren Hicks

2002 : Charlie (Charlotte) Bennett

2003 : Billy Jackman / Aimee Christopher

2004 : Sam Fortey

2005 : Charlotte Jane

2006 : Tom Scott

2007 : Lizzie Phillips

2008 : James Hicks

2009 : Tina Duxbury

2010 : Jess Robson

2011 : Bethan Jane

2012 : Joe Sibley

2013 : Pippa Grossett

2014 : Keri Lock

2015 : Cameron Hicks

2016 : Tara Hitchens

2017 : Sam Stefan

2018 : James Hathway

2019 : Lelani Dawes

2020 : Isaac Langdon

2021 : Thomas Hicks

2022 : Ryan Whittiker



Wednesday



The trip begins

BAGGAGE MASTERS:

FLIGHT 1:
Darryl Foulk

FLIGHT 2:
Tom Hinchley

FLIGHT 3:
Russ Webster

FIRST FLIGHT (x 14): Check in: 7.15 Depart: 8.15
SECOND FLIGHT (x 12): Check in: 7.30 Depart: 8.30
THIRD FLIGHT (x 8): Check in: 8.35 Depart: 9.35

Arrival at Tregarthens

Make sure you have a cheery smile for our hosts upon arrival. This is your home now.

PLEASE NOTE:

Not all rooms may be immediately available due to departing guests. However, rooms for changing into sports kit will be advised.

11.00 am

Raising the Flag

The Officer of the Day is to ensure all Mals report to the Tregarthens decking as the Mals flag is raised. A bugle player is also required.

11.05 am

Island Briefing

The D.G.'s pre-trip address in which he officially welcomes both the Mals and New Boys and lays down a few ground rules.

11.20 am

St. Agnes Trip

Down to the quay side to catch our boat to St. Agnes and a visit to the Turks Head for a sportman's lunch. Don't forget to say 'Hello' to Angela the new owner.

3.00 pm















TENNIS

v St. Mary's (1st leg, 2nd leg Sunday)
Garrison Ground

CAPTAIN: Shaun Galloway

We've struggled up at the re-surfaced Garrison Ground court in the last couple of years, so expect the captain to have a plan up his sleeve before his leadership is called into question...



	3.15 pm	TABLE TENNIS v the School CAPTAIN: Dave Martin		
	4.00 pm	VOLLEYBALL v the School CAPTAIN: Paul Broadbent		
	4.45 pm	BASKETBALL v the Staff CAPTAIN: Russ Webster		
	5.15 pm	DODGEBALL v the Islanders CAPTAIN: Darryl Foulk		
	6.00 pm	VETS 5-A-SIDE FOOTBALL v the Islanders CAPTAIN: David Nottingham All at the school sports' hall.		

The usual quick turnaround to look sharp for our first dinner. Don't forget your tie and badge (see note below).

7.45 pm Dinner

Pre-dinner we will be formally introduced to the 2023 Tregarthen's team. Show your appreciation, these guys will be looking after you better than you deserve.

Our President Keith Williams will flush in our 2023 President Alastair Hick. Sponsors will formally introduce their New Boys.

New Boys to be flushed in: Richard Tredwell, Tom Hinchley, Russell Webster, Simon Hewer.

10.00 pm Enjoy the ambience of Tregarthens bar but don't over do it, you've a busy day tomorrow.



DRESS CODE

Sponsors of New Boys and those requiring an upgrade should visit The Organizer in Room 7 to purchase a Mal de Mer tie and lapel badge.

NEW TIES £15 • BADGES £5

Individuals not wearing both items may discover the fine is more than the purchase price (and then you'll still have to buy them anyway...)



Thursday



- 6.00 am Up early? Why not head to the beach for a pipe-opening stroll.
- 7.15 am Pick your best golf shirt and lucky socks.
- 8.00 am **Breakfast** – tuck in!

9.00 am

REMEMBER MONEY?

Please have your £1 for the golf sweep ready to pass to the Officer of the Day to ensure you're allowed on the bus. We're not using card readers just yet.

GOLF COMPETITIONS:

PERRY POT – GOLFERS 9 HOLE MEDAL (½ HANDICAP)
MORGAN MUG – GOOFERS 9 HOLE MEDAL



Hello to new golf club stewards Phil and Julie. If you would like lunch at the Golf Club, please pre-order before going out to play.



2.00 pm

BEACH FOOTBALL

v St. Mary's
Venue: Porthmellon Beach
CAPTAIN: Tom Hinchley

REFEREE: t/b/c

Exact kick-off time depending on the tide. A great chance for the football captain to assess his squad ahead of the weekend.



KIT

2.45 pm

SWIMMING CLUB ICE BATH

Now in its 19th year, what started as a skinny-dip is now an important fitness refresher for all sportsmen. Bring your trunks!



3.00 pm

BEACH VOLLEYBALL

Venue: Porthmellon Beach
CAPTAIN: Charlie Applewhite

A really popular event for which the captain will have many wishing to participate. The ideal spectating spot can be found on the viewing deck (beer in hand!).



KIT

5.00 pm

HOCKEY

v St. Mary's
Venue: The School
CAPTAIN: Rob Epton

The original Mals v I.O.S sport that started it all. We've been very successful in recent years but the gap is now definitely closing...



KIT

5.30 pm

GIG RACING

v St. Mary's

CAPTAIN: Andy Clay

New boys will be invited to partake in this unique island event. The Captain will advise us on how many boats the Mals will be allocated.



7.30 pm

Dinner

With plenty of results to announce and teams to be listed, it promises to be a busy evening for our President as he familiarises himself with the role. It could get noisy, so listen out for the bell...

8.45 pm

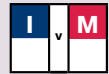
Depart to the Scillonian Club to compete for both the pool and darts titles. Two important events where victory can be roundly celebrated in the bar later.



DARTS

CAPTAIN: Alex Polhill

Last year I.O.S captain Jock once again secured a relatively comfortable victory – time to turn it around Alex!



POOL

CAPTAIN: Simon Hewer

An absolute cliff-hanger in 2022, can we go one better this time?



11.00 pm

Time to re-group back at base to share stories of the day over a beer or three.



Gonna buy myself one of these, paint it all the colours of the rainbow, then I'll have an LGBTMGBGT



Friday



DON'T FORGET

Starting your day with an early morning run is a great way to make sure your day can't get any worse than it started

6.30 am It's still early, time for a few more zzz's.

7.10 am Now it's time to rise and shine.

8.00 am **Breakfast**

9.00 am Promptly to the square for the buses please.

GOLF COMPETITION:

9 HOLE AMERICAN FOURSOMES
(AKA: Golfer/Goofer) for the legendary
George Twist Tankards

RULES:

The Golf Organzator will have explained the rules in full over breakfast. Please pay full attention as he will likely take a dim view on those that haven't grasped what it's all about.



Noon Don't forget to get your lunch order in early.



1.00 pm

GOLF

Mals v The Islanders
CAPTAIN: Andy Smith

In atrocious conditions last year, our new golf captains team just came up short. No doubt he'll mix it up, give a rousing speech when announcing the team and have us 'bang up for it!'



2.00pm

BOWLS

Mals v The Islanders
Venue: The bowling green at the golf club
CAPTAIN: Roy Bound

A relatively new sport in our programme and certainly one worth trying if you've not made it into the golf team. Please make yourself known to the captain should you like to take part.



QUIZ QUALIFIER

After dinner Alex and Roy will arrange a 'quiz-off' for anyone interested in selection for the Quiz Team






7.00 pm **Dinner**

Rob Epton will propose a toast to the New Boys.
Andy Lunn will respond.

The New Boys are: Steve Bromley, Phil Cook, Lee Cope, Adrian Cowell, Matt Dunn, Elliot Hick, Andy Lunn, Kevin Ridge and Geoff Snell.

The D.G. will deliver edited highlights of the 2021/2022 AGM.

NOTE: All those competing in the Shooting and Archery later are requested not to over-do it on the drinking beforehand please. There will be plenty of opportunity to catch-up later.

 KIT	<p>8.00 pm BADMINTON v St. Mary's Venue: The school sports hall CAPTAIN: Keith Williams</p>		
	<p>8.15 pm RIFLE SHOOTING v St. Mary's CAPTAIN: David Epton</p> <p>Despite being led by Lincolnshire's finest, we came up short last year. I'm not sure the President will accept that again Mr Captain...</p>		
	<p>8.15 pm ARCHERY v St. Mary's CAPTAIN: Alan Guest</p> <p>A close fought victory in 2022, can our new captian repeat that feat?</p>		
	<p>8.30 pm SNOOKER CAPTAIN: Guy Simmons</p> <p>Hosted by Rob and James Francis at the Vineyard, who will doubtless be looking for a follow-up home victory.</p>		



11.00 pm Time to learn some new songs and join in those you recognise. Try and bring a limerick verse with you too, additional content is always warmly welcomed!



Saturday



- 7.15 am Super Saturday is up and running!
- 8.00 am **Breakfast** – fill your boots, there's a huge day ahead.
- 8.30 am If you still have a clean shirt, now's a good time to wear it.

8.45 am Your last chance to win an individual prize – just think of the glory!

GOLF COMPETITIONS:

BISHOP'S BEAKER FOR GOLFERS – 9 HOLES
 NOSWORTHY NOGGIN FOR GOOFERS – 9 HOLES

When finished, please pack your clubs away neatly (remembering to remove/keep anything important – phone, wallet etc.) as the clubs will be collected and sent back to Land's End ahead of our return on Monday.



12.30 pm **Lunch** Remember to balance your lunch time intake against your afternoon sporting activities. Don't overdo it on the pasties!

1.30 pm

CRICKET

v St. Mary's
 At the Garrison Ground
CAPTAIN: Richard Tredwell



Traditionally our toughest cricket match over the years, and we suffered another defeat last year. Can our new captain find a way to turn things around? In addition, all those not selected to play are asked to be there to support – the Mals very own Barmy Army may make all the difference!

Scorer: Alex Polhill Umpires: t.b.c.



5.00 pm

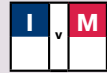
FOOTBALL

v The Woolpack Wanderers
COACH/CAPTAIN: Harry Marsland



With the accent on youth, our 2022 team performed terrifically and were harshly on the end of a single-goal defeat. More of the same and surely we'll finish on top this year (albeit multiple squad changes will doubtless impact our playing style). Trust 'Arry to find a way.

<p>7.30 pm</p>	<p>DINNER</p> <p>After a full day there will be many sporting stories to be shared. Those of you selected for the Boat Race team go easy, we need you to be thirsty for later!</p>
<p>9.45 pm</p>	<p>QUIZ: THE CLEVERDICKS CHALLENGE v St. Mary's</p> <p>Tregarthens Lower Lounge</p> <p>CAPTAIN: The President</p> <p>If this had been match play rather than stroke play last year then we would have been victorious. However, it hasn't and we weren't. It'll need an almighty effort to defeat Clive and his team of know-alls, but memories of filling the magnificent glass trophy full of Guinness to celebrate our (only ever) victory in 2017 still remain and inspire.</p>
<p>10.15 pm</p>	<p>BOAT RACE v St. Mary's</p> <p>Mermaid</p> <p>CAPTAIN: Charlie Applewhite</p> <p>Surely this is winnable? Despite rumours of some skull duggery in 2022 the Islands were officially crowned winners.</p>



Captain (and President) Pooley in 2017 celebrating our first (and only) victory in the Quiz. Apparently the Guinness tastes even better out of the Cleverdicks Trophy!



11.30 pm Tonight we've been granted a special late bar, so it would be rude not to take full advantage don't you think?



Sunday



9.00 am **Breakfast** Make the most of the lie-in, you may need it...

10.30 am All Mals down to the quay

SHOOTING

Shooters v Scilly

CAPTAIN: Eddie Gladden to liaise with Carol Young re: pick-up around 9.30 am

The Shooters will follow instructions as to the location of this event.

The Mals captain will be naming a team of 6-8 to shoot although spectators may travel to support the team.



Noon TENNIS

(Second Leg) At the Flying Boat Club

CAPTAIN: Shaun Galloway

Has the captain's selection given us a lead to take into this second leg? Judging by last year we may need it.

TIP : Good viewing (or sleeping) to be had on the grass bank behind the courts.



Noon CRICKET

v Tresco

CAPTAIN: Richard Tredwell

Scorers: To be selected on the day.

Umpires: To be selected on the day.

A great win here last year, let's back that up with another.



Post match There may just be time for a post-match beer with our opponents, but please don't be late for the boat back, it won't wait!

3.30 pm Make sure you ask the Officer of the Day for confirmation on the boat departure time, no excuses will be accepted.



5.00 pm

The second leg up at the Theatre of Dreams.

FOOTBALL

Mals v Garrison Gunners

CAPTAIN: Harry Marsland



With victory snatched from our grasp last year (the Islanders equalising at the death) we owe them one. Can tired legs keep going and deliver us the 'W'?

7.00 pm A quick beer with our opponents then a swift change for the footballers, as all other Mals get scrubbed up in time to welcome our guests.

7.45 pm Time to make sure your nearest guest has a fully charged glass.

8.00 pm **GUEST NIGHT DINNER**

A warm welcome to our Island Guests and Sports Captains. During the evening we will learn which of the school's pupils will be the recipient of the Mal de Mer Merit Award for 2023, and our Guest Speaker will be invited to say a few words on behalf of the Islanders.



10.30 pm **IT'S SHOWTIME!** The Thespians take to the stage...

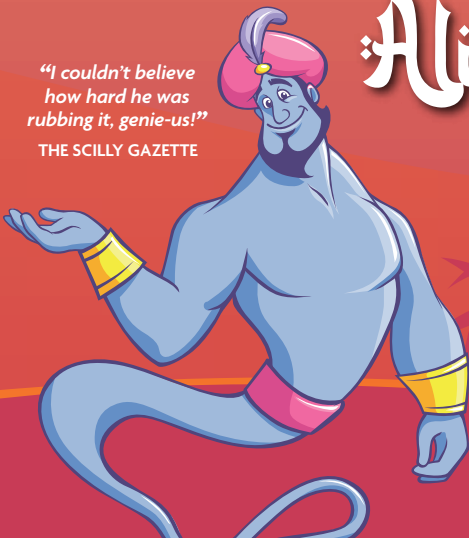
At the time of going to press, no insight into what to expect has been made available (but there's a clue in the poster below...)

Mal de Mer Productions proudly present

Ali Baba and his Magic Lamp

"I couldn't believe how hard he was rubbing it, genie-us!"

THE SCILLY GAZETTE





Monday



6.00 am Make sure you don't forget anything – check under the bed too.

From 7.00 am Breakfast will be served as you appear. Please be sure to thank the Tregathens team for looking after you so well.

Return flights

FIRST FLIGHT (x 8)

Depart from square: 7.50

Take-off: 8.50

Eddie Gladden	Shaun Galloway	Kevin Ridge	Harry Marsland
Jeremy Chadwick	Alex Polhill	Richard Tredwell	Darryl Foulk

SECOND FLIGHT (x 14)

Depart from square: 8.16

Take-off: 9.16

Martin Gibbs	Dave Epton	Guy Simmons	Charlie Applewhite
Paul Broadbent	Andy Lunn	Andy Clay	Steve Brownley
Tom Hinchley	Rob Epton	Adrian Cowell	Lee Cope
Alan Guest	Russ Webster		

THIRD FLIGHT (x 12)

Depart from square: 9.10

Take-off: 10.10

Andy Smith	Roy Bound	Keith Williams	Geoff Snell
Paul Simmonds	Dave Nottingham	Simon Hewer	Alastair Hick
Elliot Hick	Matt Dunn	Dave Martin	Phil Cook

Vignettes

123

= Official Mal number

20

= Milestone trips

These informal profiles are conceived and written by a selection of ‘volunteers’ who were each given a random collection of names. The authors remain anonymous, their text unaltered, and the editor distances himself from anything that may be considered offensive, inaccurate or slanderous – so there!

NOTE: New Boys – if your sponsor hasn’t provided a picture, then the image used has been based on their description of you.

314 Charlie Applewhite

The big lad is back and fitter than ever now that he is married! Another member of the Lincolnshire contingent introduced by the DG, which explains his good behaviour, lets hope that changes!

A contender for the tennis team this year and possibly the golf team if he has straightened his monster drives. Rumoured to have given up rugby and taken up chess, so will probably be seen sitting quietly in the corner pondering his pieces!

Welcome back Charlie.



177 Roy Bound

Arrived on the Trip almost fifty years ago and is still trying to get to grips with what’s really happening. As always, Roy will be in rude health, and his main claim to fame is that he has never seen the insides of a hospital! Probably due to the fact that his eyes have been playing up since he was twelve.

A previous ‘Golf Organizator’, Roy has overseen the seamless transition from chaos to carnage and will keep a watchful eye on our newish Golf Organizator.

Nothing phases Roy, must be his electrical background.

Often appears semi-naked in the bar late at night with various musical requests. Loves Hip-Hop and Drumbfunk!

Always great company, he can remember when there was a land bridge between Scilly and the mainland. Have a great Trip Roy.



295

Paul Broadbent

Paul has headed up a very healthy crop of Broadbeans. All have the same ruthless enthusiasm in whatever they are competing in.

It's not just competing that gets Paul's methodical attention to detail. His authority as a referee on the Garrison was a great display of "no messing in this classroom".

A legend to maths teachers worldwide for his reference books, there are clearly some complicated formulae to work out the most efficient use of electric car charging points to get from la-la land to Penzance.

New book out soon Paul? All signings at the bar.

Have a great trip Old Bean.



N/A

Steve Brownley

Another new boy from the east and like all the previous ones Steve is a cultured, well educated, generous and all round nice chap.

He has recently completed his first Iron Man Challenge in 14 hours. That's a 2 mile swim, 80 miles cycling and a full marathon, which left him stiff in all the wrong places.

A retired police officer, so will be a useful addition to the shooting teams. Despite this, I know the mals will make him feel very welcome.



242

Jeremy Chadwick

It is an annual miracle that The World's Greatest Phaffer manages to pull off the feat of organization required to corral the Mals into such a well-planned, smooth-running mini-Olympics. On top of that, retirement from football has seen him transmogrify into the Thesps suave front-man. So if the Beeb ever decide to fire Lineker and hire someone rather less 'woke', surely the Mals would slap on a transfer fee which would go a long way towards buying our own hotel...

See you in the gigs, Chadders.



257 **Andy Clay**

Yet another fruit from Lincolnshire soil, Andy is always a welcome sign on the trip.

He can come across as one of the quiet ones – and to some extent he is...

Invited by Sir Simon de Grunieri in 1992, Andy has utilised his sporting prowess in hockey, cricket and shooting. This ex-pres (2012) certainly comes out of his shell as a supporter, where he knows exactly the right time to shout, "Ave it!"

Another example of his boldness is that he is an experienced Thespian, making himself heard loudly and confidently – somewhat in the manner of Brian Blessed! We are indeed blessed to 'Ave you!



N/A **Phil Cook**

Looking much younger than his years this Yorkshireman has recently moved to Wales... no-one knows why!

He is a proven badminton and table tennis player. His golf is improving rapidly with lessons from the Golf Captain but lacks etiquette on course... typical Yorkshire!

Now that he is living on the coast he has taken up snorkeling, bird watching, sand yachting and stargazing. He does not enjoy gardening and has a telescope in his greenhouse.

Overall an interesting addition to the trip.

Welcome Phil Chuckle!



N/A **Lee Cope**

It is fitting that when we have a full Battalion attending the Trip this year, Gunner Sergeant Guy Simmons has brought his adjutant with him! Apparently a dab hand at rugby, tennis, hockey, shooting and all things gritty, Lee likes rowing at night. He will feel at home on the Garrison. His never say die attitude on the golf course will hopefully rub off on the other conscripts, sorry New Boys.

Have a great Trip Badger, hopefully the first of many.



N/A

Adrian Cowell

A warm welcome to Ady, a new recruit from the fields of Lincolnshire. After a read through of a few of the previous brochures to see what he had signed up for, Ady was inspired (or intimidated?) into taking on a personal trainer and fitness regime to get his body into some sort of shape. It's probably too late and he needn't have worried – his golf is already excellent, and he is an all-round 'willing' sportsman which sounds like perfect Mals material. Oh, and he does enjoy a sociable pint and a whisky or two.

Have a great first trip Ady.



N/A

Matt Dunn

A new boy from the heart of Birmingham – we welcome Matt. He's as at home in the cosmopolitan city as he is in the country. Cheerful and energetic, Matt loves a variety of sports and the great outdoors... his wardrobe is ready made for the Mals.

After university years in Leeds, Matt is back in the Midlands working in the automotive industry and enjoys improving his product knowledge while sitting in M42 traffic jams on the occasional day he doesn't work from home – sorry Matt you'll get scant sympathy from the older 'not in my day' Mals. This well educated and well travelled new boy will now be able to cross off the Isles of Scilly from his bucket list of exotic places visited.

We hope you have a great first trip.



285

Dave Epton

A key member of the Lincolnshire Mafia and master over land and sky – who can forget his aerobatics over the golf course on St. Mary's?

David is a physical man and a player of physical sport. One look at him and you can just feel his prowess! If you buy him a beer, he might let you feel it twice!

This solid fellow took cross-dressing to the next level in his presidential year, appearing as Julius Caesar AND Cleopatra!



300

Rob Epton

Part of the furniture now and a true stalwart of the Mals! Rob is an allround sportsman who gets involved in everything. He's been on so many trips now that even his golf has improved, as has his shooting, gig rowing, pastie eating, and singing.

Always makes a great cuppa for his room mate and tidies the room before breakfast (unlike his brother). Sometimes quiet and philosophical, sometimes loud and brash... just what we need... see you in the bar 300!



10

302 **Darryl Foulk**

A major big time player is The Dazzler! Definitely more comfortable with a racket in his hand; quality tennis player (get him in the team Shaun), outstanding badmintonista and ping ponger! Super competitor on the golf course (get him in the team Smudger), never seen him give a putt. A very affable Mal until he gets into the heat of competition then 'the Banbury' in him comes out! Hangs out with Gladden and Dallaway in his spare time but don't hold that against him!



New boys – get under his wing, he knows the ropes and is an absolutely top bloke. Have a good'un old chap!

258 **Shaun Galloway**

Smooth suave sophisticated and our esteemed bean counter, Shaun returns from world travels and the Challenger (vets) Tour to once more show the Islanders why he is Cornwall's tennis supremo.



Given the cost of living crisis, our Treasurer has needed all his canny skills and experience to massage the figures enough to ensure we have sufficient ready cash to bribe airport security to once more let us back onto the Islands.

Never far from the Organizer's side, watch out for the change of character as his alter ego hits the stage and the frustrations of years of book keeping are put to be the sword as he dons the greasepaint and hastily written script (*You think it's actually written? Ed.*)

Great company and always keen to lead on the singing – just not necessarily to the same tune as the rest of us! Have another great trip on the wonderful islands and roll back the years once more.

234 **Martin Gibbs**

If it was a Rugby Tour, our DG would doubtless be The Judge. Wisdom, fairness, balance, gravitas... bollocks to that! This is not a democracy! That said, less iron fist inside a velvet glove, more a caressing Angel's touch inside a silver gauntlet. Martin's tough exterior contains the heart of the truest of Mals.



He'll be loudest on the touchline and the last to leave the bar.

Our Eddie is a man of many parts. Part Postman Pat, part Sid The Sexist, part Miguel Angel Jimenez and part Simmo's Squire. A veteran of so many sports, there is still no finer sight than Eddie coolly flicking a shuttlecock after a full roast dinner & sponge pud washed down by three bottles of red.

There's nothing on the Islands Eddie hasn't seen. Although there's lots he hasn't heard. MINE'S A GUINNESS PLEASE EDDIE!

40



A SPECIAL MENTION

Many congratulations to Eddie for making it 40 successive trips this year - A fantastic effort! Out of interest these are some other things that occurred the same year as Eddie's first trip in 1983:

- Mario Bros video games were first introduced (a look-alike coincidence?)
- Thoroughbred racehorse Shergar is kidnapped
- Michael Jackson's 'Thriller' tops the album charts
- The £1 coin is introduced as phasing out of £1 bank notes begins

The Mal de Mer who epitomized gender fluidity before it became cool. One minute they are driving the hockey ball into the 'D' with fire in their belly, the next they are attaching their fake breasts as they prepare for Sunday evening. One day they are crushing a pint of Guinness with a hard-boiled egg shooter the next day they are putting their Wilma Flintstone wig and high heels on.

When they made it cool, others followed: Eddie Izzard, David Epton, Sam Smith, Stevie Dann, Cara Delevingne, Cieron Sykes... great list of humans... all inspired by Alan.

I will miss being backstage with you this year as well as having a few pints and chuckles. Have a top trip matey (sorry for the crap vignette)!



Welcome back Simon, a perfect specimen of a Mal. He certainly made a very good impression as a new boy last year... mainly of Ian Botham in his prime. He showed the same competitive edge and drive as Beefy - with a willingness to have a go at any sport out there.

Cool, calm and collected, with or without a pint in his hand - it's always good to have a class act on the trip.



287 **Alastair Hick**

17 years after his debut, Alastair has finally reached the summit and wears the chains of office. No doubt in line with his well known principles, Alastair will find an unelected hierarchy to his liking and he will enjoy the peas, red and sand, as he leads his Mal followers against the island proletariat, sorry opposition.



His strap on bionic leg permitting, he will surely be an active Commissar, aka President, bringing his steely competitiveness to the Garrison, School, Beach and of course Golf Course – alongside leading the community singing and managing the rabble at dinner and beyond. We look forward to your learned words, five day plans, redistribution of wealth and the plans for a ULEZ fee zone on St Mary’s, accompanied with some very fine wine and tax loopholes.

Have a great Presidency Alastair and enjoy every minute, which based on previous years is a lot of minutes every day.

(For senior Mals, Alastair is the older, smaller Hick with balls round his neck, likely to be near the top table).

N/A **Elliot Hick**

Son of our President making his debut on the Islands, Elliot arrives fresh from filming in Paris on his acting debut (amazing preparation ahead of Sunday night’s Thespian performance).



Similar to father he plays a mean game of golf, but unlike Dad off a true low handicap. Recently graduated from his studies in London, Elliot will bring a welcome pair of fresh legs to the football and other sports teams. He has dusted down his whites for Barnt Green this year and will be a welcome addition to the cricket team.

Great to have you on the trip Elliot... sure you will find it a wonderful and very illuminating adventure, with the President proud to have you here – even if at times you may start thinking otherwise.

Hopefully the first of many more visits to the Islands.

(For older Mals he’s the taller good looking Hick with hair).

323 **Tom Hinchley**

Welome back Tom, one of last years new boys for flushing in. He did do a bit of flushing last year but that was due to a dodgy cornish burger on the way down. A great addition to last years trip, taking part in a number of sports. Outstanding in the scandanavian chest bouncing, managing a more than commendable draw against the best of the islanders.



I know there’s more to come from Tom, so welcome back and hope you enjoy another successful trip.

N/A **Andy Lunn**

Fresh into retirement, now found pacing around in the tax haven of Rutland, looking for new purpose.

The Mals sounded like the ticket to brush off the dust from the trophy cabinet for darts, snooker, volleyball and even give golf a new look?

His spontaneous enthusiasm for the trip was met at the same time with a healthy level of pre match nerves.

No need to worry Andy (well maybe a little about Heather. She grabs your balls and however they may appear to be under your control... they're not). Your good company and years of sporting involvement will do you well.

Have a great trip.



213 **Dave Martin**

David was introduced to the Mals by his father, Mike (Jet) Martin.

Originally from Solihull, now resident in Shropshire, David has several nicknames, including "Mini Martin", "Jetson" and "Get The Beers In!"

A fan of Birmingham City, yet still enjoys football – unfortunately as a spectator these days.

Welcome back, David – I'd like a large one!



265 **Harry Marsland**

Happy Hazza returns once more to the Islands. Based on previous years whether he gets back home again or even to Penzance is another matter.

Likely to be a dead cert for the archery and shooting after last years outstanding performances, Harry will be very disappointed if he doesn't make selection and is sure to have been practicing every week.

A stalwart of the cricket team, Harry still loves his football although like his beloved Burnley, results against the Islanders are decidedly lower table but saw a significant upturn last year. (Young Mals we need you back!)

A fierce competitor and even fiercer when not selected, catch Harry before midnight when the legs and head begin to wobble. Unlikely to feature much on the Golf course or swimming, but sure to be heard if not seen as he returns to one of his happy places.

Just don't mention the badminton...



252 **Dave Nottingham**

Notty is now becoming a very senior Mal. His body is not quite keeping up with his head – still playing all the sports he is selected for and always giving his all!

Great to have you back on the isles Notty.



272 **Alex Polhill**

After stepping back from the pressures of the golf organizer ship there are rumors afoot that Alex is thinking of starting up a rival Mals golf competition sponsored by the Saudi PIF fund. The whispers are that the new league will be a 4 club, 6 hole, shotgun, greensome, alternate, best ball shamball. There is further tabloid speculation that big name sponsors such as Juliet's Garden and The Kavorna will be behind this new competition. Insiders suggest that long serving Mal de Mers Stewart Ward, Sean Calfe and Harry Marsland have been particularly intrigued by this new shorter format so that they can spend more time with their families not playing golf. The new comp will be called Seriously Happy Ifnot That Entertaining (SHITE) Golf League.

Have a great trip AP – you legend!



N/A **Kevin Ridge**

A new boy out of Eddie's stable, a big man in every way. Good golfer, great clay pigeon shot, top rifle shot and great company at the bar as long as he's upright!

Have a great trip Kev!



226 **Paul Simmonds**

Simmo is fast becoming a legend of the mals! How he organises all the golf and leads the singing in the bar with his speech impediment is amazing!

"Oill av a wum and coke".



A regular feature on the trip, Guy is as generously proportioned as he is generous of spirit.

Introduced by our DG – who searched far and wide, (well, next door) to find this fine Mal and current holder of the Ben Guest Ethos Award. Yes – for 24 years, he's been living next door to Gibbo!

Oh – and if you want to know what happens to your body when you wrap a rally car around a tree, ask Guy!



How do you surmise Andy in a few lines? In searching for a sporting parallel I thought that the 2020's 'Smiffy' is very similar to 1995-96 version of Ruud Gullit, when playing at Chelsea under Glenn Hoddle. Clearly a player with immense pedigree, able to fulfill a number of roles, trophy cabinet full and now in the back end of his career given a free role by management to use his talents however he pleases on the pitch trip.

Still able to come in with a match winning contribution when needed on the shooting stand, pool table or dart board. Always there to share his experience in the pool room, on the touchline or from the non-strikers end. Regularly lifting team spirit with a joke at dinner or a trip up the 'poop deck' on the way back from Tresco and once in a while a complete liability!

Still hangs about with his more reliable old team mates Ronald Koeman (DG) and Frank Rijkaard (Eddie). Have a great trip old pal and hope you catch something either off the quay or in the Mermaid.



Not to be confused with his namesake and former Mals President 'the Admiral' Snell, Geoff is a late entry from the Gladden stable. He's reported to be not only a county level hockey player, but a very good tennis player too. In fact his sponsor claims Geoff is a genuine all-rounder and likely to be a major sporting asset to the Mals (no pressure there then Geoff eh?)

Known affectionally as Thomas Cook on account of him always being on holiday, you are very welcome Geoff – but please don't be under the impression this trip is a holiday, it's more of an international sporting endurance test!



N/A **Gareth Thomas**

Answers to the “You call ,we haul”

Been involved in skydiving for 20 years both as jumper and now chief pilot.

A guru in any stuff to do with aviation but has been a competitive sportsman and puts his maximum effort into life.

A great person to have on your side in the world.

*Note: At the time of going to print Gareth is an optional extra on the trip.
Dave Epton will explain all at dinner on the first night.*



324 **Richard Tredwell**

A strong runner out of the starting gate last year. He’s always chomping at the bit to make a difference both on and off the sports field.

As the official Magners rep on the trip he turns from sporting enthusiast into barside radiant smiling bonkers bloke!

Great company and with a highly profitable “sheeping” year, he will no doubt be keen to share his winnings.

Let off steam Tredders you know you want to!

Welcome back.



325 **Russell Webster**

Russ had a memorable, exhausting first trip, surviving on fumes by the final day. Coming from fine Shrewsbury Malsstock, Russ put heart and soul into every sport he played, only matched by the supreme effort he put into late night sessions in the Mermaid and Tregs. Just remember to pace yourself – you’re a year older now.

Enjoy the trip Russ, great to have you back!



284 **Keith Williams**

It’s just about over for Mr Prez, who carried out his role with style, keeping a large rabble in good order for a memorable trip. As the sun sets on his presidency, Keith can look back on the year with pride and, probably, with some lingering aches and bruises. It is unlikely that a previous president has played in as many different sports as the indomitable Keith. Very impressive indeed.

So, can we expect him to take his foot off the gas? Unlikely, which is great news for the Mals. Always good to have you on the trip Keith.





A slice of the magnificent 90th Anniversary cake
baked for us by Emma at Tregarthens last year.

Can you spot the secret ingredient?

MALS Media



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Whatsapp: Mals
Let Joss (07709 484124) know your mobile number
and he will add you to the Whatsapp chat group



Mobile numbers:
Please confirm with the Organizer (07831 263394)



Email:
organizator@maldemerclub.com

Editor's Note:

Many thanks to all those who helped contribute to this brochure. You know who you are! It is very much appreciated – plus a special mention to John Heywood at Optichrome who have very kindly printed the brochure for the umpteenth year.

A RELENTLESS SPORTING ADVENTURE, STARRING :



Alastair Hick

as The dashing and heroic President

“Open sesame, my time has arrived”



Andy Smith

as The scheming Golf Captain

“This year victory will be ours!”



Alan Guest

as The temptress Princess Jasmine

“Does my bum look big in this?”



Alex Polhill

as The curmudgeonly Quiz Master

*“Keep the noise down or
I'm not coming next year”*

Directed by : The D.G · Produced by : The Organizer · Camera : Keith Williams
Location Manager : Dave Nottingham · Special Effects : Roy Bound · Sound Mixer : Eddie Gladden
Hair & Make-up : Dave Epton · Catering : Guy Simmons · [Get a] Grip : Paul Simmonds
Best Boy : Dave Martin · Stunt Co-ordinator : Darryl Foulk · Casting Director : Shaun Galloway
Music Composer : Andy Clay · Art Director : Paul Broadbent · Wardrobe Stylist : Harry Marsland

Filmed entirely on location in the Isles of Scilly.

A Mal de Mer production © 2023